

## Next Level EU Cancer Survivorship and Quality-of-Life Policy

A Reflection on Progress and Gaps: Are We Doing Enough?

To address the survivorship and quality-of-life needs of people living with and beyond cancer and their carers and families, it is recommended that EU institutions:



 Ensure continuity and legacy of the EU's cancer policy framework post-2027



 Embed cancer survivorship and quality-of-life investment in the next EU Multi-annual Financial Framework for 2028-2034



- Develop and adopt EU Council recommendations on quality-of-life in cancer systems, with a focus on practical, measurable goals:
  - Encouraging Member States to include screening for distress and quality-of-life assessments for people affected by cancer patients, survivors, caregivers, and bereaved individuals - in national health surveys
  - Promoting survivorship assessment and care planning in line with clinical guidelines and quality cancer care recommendations

- Setting up regular EU reporting, tracking progress and supporting implementation
- Commissioning JRC guidelines on quality-of-life services for those living with and beyond cancer, aligned with Council recommendations
- Embedding quality-of-life in national cancer care quality assurance frameworks
- Promoting further development of quality-of-life measurement and collection of patient reported outcomes measurements
- 5. Maintain and strengthen binding legislative momentum at national and EU level to protect cancer survivors from unfair financial discrimination and implement a Right to be Forgotten, ensuring that existing and future laws are fully implemented and enforced across Member States
- Conduct studies on the economic impact of sub-optimal support for quality-of-life in cancer systems, mobilising existing quality-of-life measurement tools to inform policy and investment decisions
- 7. Increase activities to heighten employer awareness across Europe of good practices and legal obligations to support the Return-to-Work needs of cancer survivors, and utilise any future updates to EU employment directives to support progress in this policy area
- 8. Maintain and further develop established cancer survivorship tools

and initiatives - such as the Cancer Survivor Smartcard App ('SmartCARE'), the EUonQoL measurement tool, and the INTERACT-EUROPE 100 inter-specialty training programme. Such initiatives could also provide an important template of response to other disease areas such as cardiovascular disease

## To address the needs of people with and beyond cancer, is recommended that EU Member States:

- Guarantee that all people living with and beyond cancer receive personalised long-term survivorship follow-up care plans and quality-oflife assessments, supported by trained professionals and monitored for access and impact
- Promote collection of Patient-Reported
  Outcome Measures as well as
  measurement of quality-of-life across
  cancer care services, using standardised
  tools such as the EUonQoL questionnaires

- Ensure all National Cancer Control Plans include a survivorship and quality-of-life pillar, mirroring Europe's Beating Cancer Plan
- 4. Mandate inter-specialty cancer training that fosters collaboration across healthcare teams, highlighting the essential roles of supportive forms of care such as palliative care, psychooncology, pain medicine, sexual medicine, and nutritional care in safeguarding patients' quality-of-life



